

PSYCHOSOCIAL HAZARDS IN THE WORKPLACE



PREFERRED TRAINING
NETWORKS



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DEVELOPMENT
ADVISOR**

In Australia, there's been a push from the government for organisations to run Psychosocial Hazards in The Workplace Training courses. Organisations are expected to have proof that they are on top of the training. The problem is that most Psychosocial Hazards in the Workplace training courses are counterproductive. Some courses have been slapped together overnight and nobody cares about the quality. So your people end up wasting time learning very little.

Undoubtedly, the best option is to have a Tailored Psychosocial Hazards in the Workplace Training Course conducted in-house. Why not maximise the learning rather than a tick and flick ambivalence approach?

KEY COURSE CONTENT

- Understand how workplace psychosocial hazards can impact employees' mental health and well-being
- Learn about common types of psychosocial hazards in the workplace
- Develop skills to recognise, assess, and mitigate psychosocial hazards in the workplace
- Implement strategies to help workers proactively manage their own work-related stress
- Utilise effective communication techniques to address sensitive issues related to psychosocial hazards
- Create an effective workplace culture that encourages open discussion regarding psychological wellbeing
- Develop actionable solutions to address areas of concern related to psychological hazards

NUTS AND BOLTS



Target

Audience

CEOs, leaders, managers and employees



Duration

Available as a full-day or half-day course



Delivery

Available in-person at your organisation/venue, or virtual



Group Size

Recommended 4 to 10 participants



Resources

Participants receive a certificate of completion & opt for a free follow-up refresher course with the original trainer

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