

# BUILD A BRIDGE AND GET OVER IT



*But how...?*

**T**his “**Build a Bridge**” training course is designed to help you figure out the best way to build that bridge. Perhaps underneath that bridge is a river of mistrust and resentment and it is now or never to cross it.

Many people will clumsily attempt to build the bridge. It’s a combination of a bad start-up approach and a poor strategy. And realistically it’s going to be a long time before you get another shot at building that bridge. So, this course is ideal if you’d like your team to know how to build bridges. The workshop proposition is to get rid of that undercurrent of unpleasantness and move forwards on a bridge built on solid foundations. In this workshop, participants literally build a bridge so its heaps of fun and very hands-on.

## **KEY COURSE CONTENT**    **NUTS AND BOLTS**

- Conciliation vocabulary cues
- Detached empathy techniques
- Acknowledging the pain points
- Active listening techniques
- Understanding the impact of change
- Recognising unconscious bias
- Recognising the behaviours in the undercurrent
- Working towards a win/win outcome
- Olive branch strategies
- Building the bridge
- Underpinning your bridge
- Celebrating the bridge build

**Target Audience:** Managers & Employees

**Duration:** This course is available as a 1-day course or a truncated half-day course.

**Delivery:** This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.

**Group Size:** We recommend a group size of 4-10 people.

### **Get a Quick Quote:**

Let us know if you would like an obligation free quote for your organisation.

**Contact Deb Dear**

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